

# **A TESTING SERVICE FOR PERSONAL ASSISTANTS AND STAFF MEMBERS WORKING IN ADULT SOCIAL CARE IN ENGLAND**

## **GUIDANCE DOCUMENT**

### **RAPID LATERAL FLOW TESTS**

April 2021

# Contents

Summary: Testing for personal assistants or anyone working in adult social care who are not receiving regular testing

Difference between LFT and PCR kits

How am I involved?

How does the service work?

End to end process: personal assistants or anyone working in adult social care who are not receiving regular testing

- Ordering test kits

- Delivery and Preparation

- Using the test kits

- Results

- Registering test kits

- Weekly retesting

Where to go for help

Feedback - Menti

# Summary: Testing for personal assistants or anyone in adult social care not receiving regular testing

## What is the service?

- Twice weekly rapid lateral flow testing (LFTs) for personal assistants or anyone working in adult social care who are not receiving regular testing
- Personal assistants or anyone working in adult social care who are not receiving regular testing should order a box of 7 LFT tests every 21 days for themselves or an employer can order test kits on their behalf
- 7 tests are delivered for each personal assistant or anyone working in adult social care who are not receiving regular testing to their selected delivery address for a 21 day testing cycle.
- Twice weekly a personal assistant or anyone working in adult social care who are not receiving regular testing should take a test and register the result online.
- Personal assistants or anyone working in adult social care who are not receiving regular testing will receive their results within 30 minutes of conducting the test.

## Why is testing important?

- **Identifies personal assistants or anyone working in adult social care who are not receiving regular testing** who currently have Covid-19 so they are able to self-isolate if their result is positive
- **Protects those receiving care** from infection passed to them by personal assistants who are confirmed positive
- **Prevents and controls the spread of the virus** by identifying asymptomatic cases

# Difference between rapid LFT and PCR kits

## PCR test kits

- Completed, registered and posted once per week
- Regular test kits that are sent to a lab to process
- Results returned to you within 2-3 days after registering and returning
- PCR tests must be registered at <https://gov.uk/register-organisation-tests> in order to receive a result
- Very high sensitivity rate & can detect the virus in individuals who are not infectious. A PCR can also be tested to identify which variant of the virus you have.

### NOTE:

Personal Assistants should **NOT** continue to test with a weekly PCR test. PCR tests should only be used in the case of a positive rapid LFT result or if the individual develops symptoms.

## Rapid lateral flow test kits

- Completed and registered **twice per week**
- Rapid results provided within 30 minutes
- Test samples do not need to be sent to a lab to be processed
- All lateral flow test results must be registered at <https://www.gov.uk/report-covid19-result>
- High sensitivity for infectious individuals; lower sensitivity than PCR, but faster and more frequent – helping us identify the most infectious cases quickly

# How am I involved?

## A “Personal assistant” or anyone in adult social care not receiving regular testing

For testing purposes, a ‘Personal Assistant’ is directly employed by an individual (or self-employed) to provide care and support to enable them to live as independently as possible. This care could include support in the home, or to go out into the community. Additionally, anyone working in adult social care who is not currently part of regular testing regime should access testing through this route.

Your key responsibilities are to:

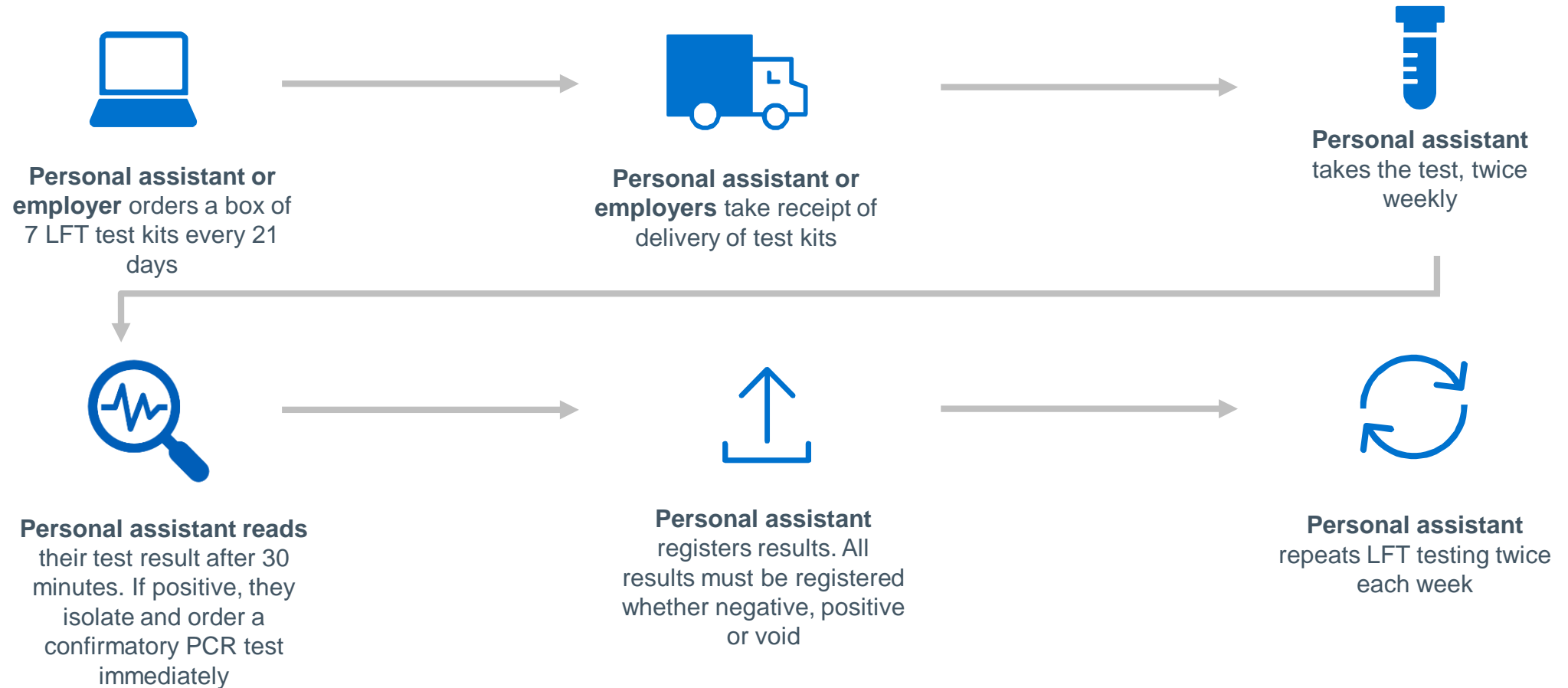
1. Attend a webinar to understand the process
2. Order LFT kits for yourself every 21 days
3. Conduct 2 LFT each week, 3-4 days apart and read your results after 30 minutes.
4. Register your test result as soon as you have read it. You must register the result each time.
5. If your LFT result is positive: conduct a confirmatory PCR test immediately, isolate until you receive a result, and notify your employer. You can order a PCR test from <https://www.gov.uk/get-coronavirus-test>
6. If your PCR result is positive: continue to isolate, notify your employer and provide contacts to NHS Test and Trace. After testing positive, do not take an LFT or PCR test again for 90 days unless you become symptomatic.
7. If your PCR result is negative, you no longer need to isolate and can continue twice weekly testing
8. Dispose of your LFT, once you have received your result, in a general waste bin.
9. Regardless of your result, continue to follow all IPC measures (such as wearing PPE, hand washing and social distancing), even if you or the people you care for have had the vaccine

# How the service works

# Personal Assistant testing: end to end process



## Summary: Testing for personal assistants anyone in adult social care not receiving regular testing



*If you have any queries with any of the steps please call the national coronavirus contact centre on 119*





# Ordering test kits



## Ordering test kits

- **Personal assistants or the individual employer** are responsible for ordering test kits using the link [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)
- **Personal assistants or the individual employer** must decide the address their test kits are delivered to. You may want to use a different address if you're unlikely to be home when the delivery arrives (within 48 hours)
- **Personal assistants or the individual employer** must order one box of 7 LFT test kits.
- Once you have placed an order, you will receive a confirmatory email from the following address: [organisation.coronavirus.testing@notifications.service.gov.uk](mailto:organisation.coronavirus.testing@notifications.service.gov.uk)
- If you have any queries with any of the steps, please call the national coronavirus contact centre on 119

### Order coronavirus (COVID-19) rapid lateral flow tests

Use this service to order free packs of rapid lateral flow tests to be sent to your home in England.

A pack of tests contains 7 tests. You can order one pack per household each day.

#### Who this service is for

You can only use this service if:

- you do not have [coronavirus symptoms](#)
- you live in England
- you're 18 or older
- you have not been told to self-isolate
- you cannot get tests from your work, school, college or university (ask them for rapid lateral flow tests)

**!** Do not use a rapid lateral flow test if you have coronavirus symptoms. [Get a PCR test](#) and [self-isolate](#).

If you're not sure, you can [find out which coronavirus test you should get](#).

#### Ordering for someone else

If you're ordering for another household, for example a relative in your bubble, you should:

- do it separately from your household order
- use their contact details

#### Order rapid lateral flow tests

[Start now >](#)

# Personal assistant test kit ordering – process walkthrough

Please refer to slide 24 for initial registration instructions / links

**STEP 1:** Go to [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](#)

## Order coronavirus (COVID-19) rapid lateral flow tests

Use this service to order free packs of rapid lateral flow tests to be sent to your home in England.

A pack of tests contains 7 tests. You can order one pack per household each day.

### Who this service is for

You can only use this service if:

- you do not have [coronavirus symptoms](#)
- you live in England
- you're 18 or older
- you have not been told to self-isolate
- you cannot get tests from your work, school, college or university (ask them for rapid lateral flow tests)

**!** Do not use a rapid lateral flow test if you have coronavirus symptoms. [Get a PCR test](#) and [self-isolate](#).

If you're not sure, you can [find out which coronavirus test you should get](#).

### Ordering for someone else

If you're ordering for another household, for example a relative in your bubble, you should:

- do it separately from your household order
- use their contact details

### Order rapid lateral flow tests

[Start now >](#)

**STEP 2:** Select either 'Yes, at least one of these symptoms' or 'No, none of these symptoms'.

 **GOV.UK**

Get a coronavirus test

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

## Do you have coronavirus symptoms?

The main symptoms of coronavirus are:


- a high temperature
- new, continuous cough
- loss or change to your sense of smell or taste

Most people with coronavirus have at least one of these symptoms.

- ☐ Yes, at least one of these symptoms
- ☐ No, none of these symptoms

[Continue](#)

**STEP 3:** Select where you live in the UK

 **GOV.UK**

Get a coronavirus test

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

## Where in the UK do you live?

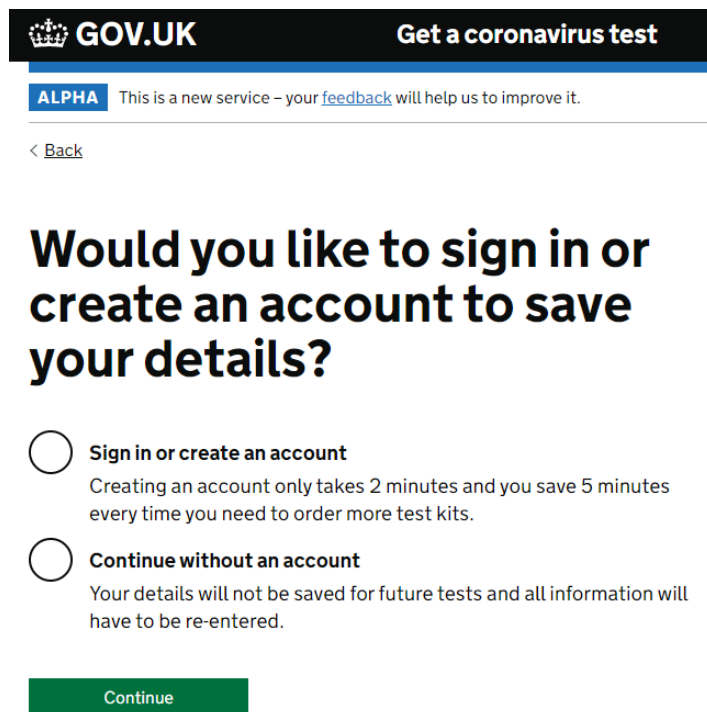
- ☐ England
- ☐ Scotland
- ☐ Northern Ireland
- ☐ Wales

[Continue](#)

# Personal assistant test kit ordering – process walkthrough

Please refer to slide 24 for initial registration instructions / links

**STEP 4:** Select 'Sign in or create an account'. You will only have to do this once.



**GOV.UK** Get a coronavirus test

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[Back](#)

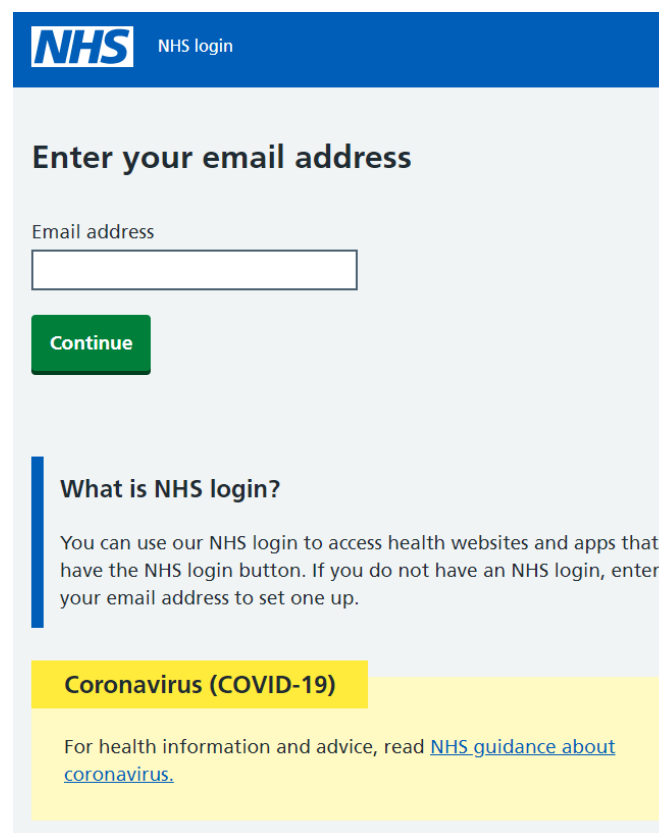
## Would you like to sign in or create an account to save your details?

☒ **Sign in or create an account**  
Creating an account only takes 2 minutes and you save 5 minutes every time you need to order more test kits.

☐ **Continue without an account**  
Your details will not be saved for future tests and all information will have to be re-entered.

**Continue**

**STEP 5:** Enter your email address



**NHS** NHS login

## Enter your email address

Email address

**Continue**

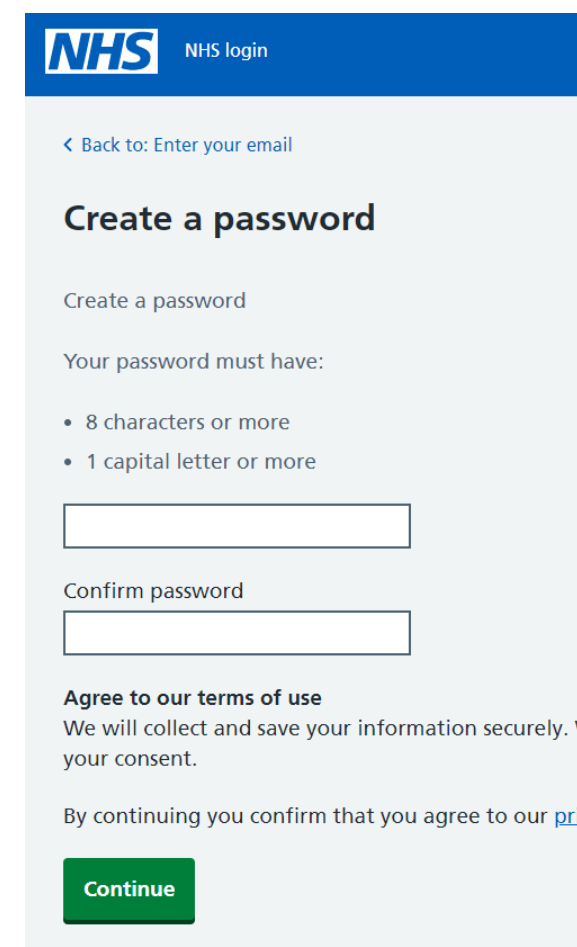
### What is NHS login?

You can use our NHS login to access health websites and apps that have the NHS login button. If you do not have an NHS login, enter your email address to set one up.

### Coronavirus (COVID-19)

For health information and advice, read [NHS guidance about coronavirus](#).

**STEP 6:** Create a password of your choice



[Back to: Enter your email](#)

## Create a password

Create a password

Your password must have:

- 8 characters or more
- 1 capital letter or more

Confirm password

**Agree to our terms of use**  
We will collect and save your information securely. [View our privacy policy](#) for more information about how we use your data and your consent.

By continuing you confirm that you agree to our [privacy policy](#)

**Continue**

# Personal assistant test kit ordering – process walkthrough



**STEP 7:** In a new browser window, navigate to your email and open the email from no [reply@login.nhs.uk](mailto:reply@login.nhs.uk) and select 'confirm'. Now select 'I have confirmed my email'

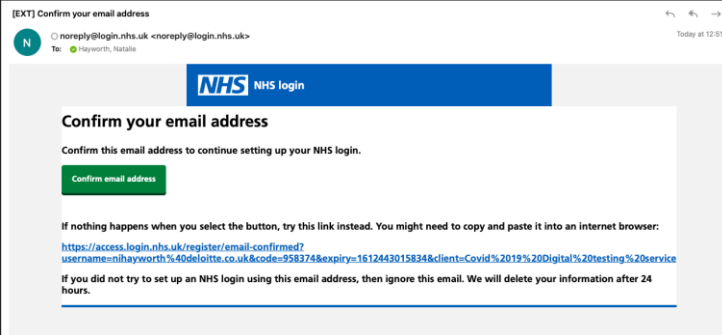


## Check your email

We have sent an email to . Select confirm in the email and co

**I have confirmed my email**

You can [enter your email address again](#) if you got it wrong.



**STEP 8:** Enter the Personal Assistants mobile number



## Enter your mobile number

Mobile number

You must enter a UK mobile phone number s

**Continue**

**STEP 9:** Select 'I agree'. To create your account, you will need to agree to share your NHS login information (your email address and mobile number) with Gov.uk.



## Agree to share your NHS login information

To continue, you need to agree to share your NHS login information with 'COVID 19 Digital testing service'.

'COVID 19 Digital testing service' will use your:

- Email address
- Mobile number


Read 'COVID 19 Digital testing service' [terms of use and privacy policy](#) to check how your information will be used.

**I agree**

# Personal assistant test kit ordering – process walkthrough



## STEP 10: Select 'Order test kits'

 **GOV.UK** **Get a coronavirus test**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

---

## Welcome to your Test and Trace account

[Order test kits](#)

Order 1 pack of 7 rapid lateral flow home test kits to be delivered to you

[Change your NHS login details](#)

Update the email address, mobile number and password you use to log in

## STEP 11: Enter the Personal Assistants first and last name

 **GOV.UK** **Get a coronavirus test**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

---

[< Back](#)


## What is your name?

First name

Last name

**Continue**

## STEP 12: Select either 'Yes, I have access to an email address' and enter your email address or select 'No, I do not have access to an email address' and call 119 to order test kits.

 **GOV.UK** **Get a coronavirus test**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

---

[< Back](#)

## Do you have access to an email address?

If you do not have an email address, you can use someone else's email address.

You need to access this email address later on to confirm it.

☒ Yes, I have access to an email address  
☐ No, I do not have access to an email address

**Continue**

### Sorry, you need email access to order online

At the moment, you need access to an email address to order online.

It's OK to use someone else's.

[Go back and enter an email address](#)

### Do not have email access?

Call the contact centre to order tests.

[If you're in England, there are other ways to get tests.](#) For example, collect them from a local collection point or pharmacy.

### Contact centre


Call 119 in England, Wales and Northern Ireland  
Free from mobiles and landlines

Call 0300 303 2713 in Scotland  
Charged at your standard network rate

# Personal assistant test kit ordering – process walkthrough



**STEP 13:** Select either ‘Yes, I have a mobile number’ and enter your number or select ‘No, I do not have a mobile phone number’.

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

## Do you have a mobile number?

We need this in case we need to contact you about your order.

☒ Yes, I have a mobile phone number

Mobile number

Confirm mobile phone number

☐ No, I do not have a mobile phone number

Continue

**STEP 14:** Enter the Personal Assistants date of birth

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)


## What is your date of birth?

For example, 31 3 1980

Day    Month    Year

Continue

**STEP 15:** Check your answers and if correct select ‘Save and continue’

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

## Check your answers


Current coronavirus symptoms	No	<a href="#">Change</a>
Country	England	<a href="#">Change</a>
Name	Pete Smith	<a href="#">Change</a>
Email address	psmith@example.co.uk	<a href="#">Change</a>
Mobile number		<a href="#">Change</a>
Date of birth	15 March 1988	<a href="#">Change</a>

Save and continue

# Personal assistant test kit ordering – process walkthrough



## STEP 16: Select 'Continue'

 **Get a coronavirus test**


ALPHA This is a new service – your [feedback](#) will help us to improve it.

### We need to get your delivery details

This is so that we can send the test kits to your home.

Continue

## STEP 17: Enter the postcode of your address and select 'Find address'

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.


[< Back](#)

### What is your home address?

Postcode

Find address

## STEP 18: Select either 'Yes, my delivery address is the same as my home address' or 'No, my delivery address is different to my home address'

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### Is your delivery address the same as your home address?

Your delivery address is where your home test kit should be sent.

☐ Yes, my delivery address is the same as my home address

☐ No, my delivery address is different to my home address


Continue



# Personal assistant test kit ordering – process walkthrough



**STEP 19:** Confirm your email address is correct and select 'Continue'. Enter the code that was sent to your email and select 'Continue'

 **Get a coronavirus test**


ALPHA This is a new service – your [feedback](#) will help us to improve it.

< [Back](#)

## Check your email address

We'll send a confirmation code to this email address. You'll need to enter this code to continue.

Check that you're happy for us to use this email address, or you can change it.

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

Email address

< [Back](#)

Continue

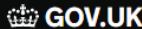
## Check your email

A code was emailed to: fredblogs@hotmail.com

Enter the code

Continue

**STEP 20:** Check your answers and if correct click 'Yes, I confirm that all the above apply' and select 'Place order'

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

< [Back](#)

## Order summary

Email address fredblogs@hotmail.com [Change](#)

Home address [Change](#)

Delivery address [Change](#)

## Disclaimer

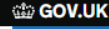
**!** By ordering a pack of 7 rapid lateral flow home test kits, I confirm that:

- The information I've provided is up to date and correct
- I agree with the [Terms and conditions](#) and [Privacy policy](#) of this service
- I am happy to be contacted about my order
- I am 18 or over

☐ Yes, I confirm that all the above apply

Place order

**STEP 21:** You will receive a confirmatory email once your order has been successfully placed from [organisation.coronavirus.testing@notifications.service.gov.uk](mailto:organisation.coronavirus.testing@notifications.service.gov.uk)

 **Get a coronavirus test**

ALPHA This is a new service – your [feedback](#) will help us to improve it.

Order received

You will get an order confirmation email soon.

### What happens next

Your pack of rapid lateral flow home test kits should arrive within 2 days.

If there are any delays, call the contact centre (details also in your confirmation email).

Call 119 in England, Wales and Northern Ireland  
Free from mobiles and landlines

Call 0300 303 2713 in Scotland  
Charged at your standard network rate

Lines open 7am to 11pm

### What is in the test pack

The pack contains:

- 7 rapid lateral flow home test kits
- instructions on how to take the test
- instructions on how to report each result to the NHS

[Watch a short video: how to take a rapid test](#)  
[Get test instructions in other languages or easy read and large print format](#)

### When the test pack arrives

You should:

- take a test twice a week (every 3 or 4 days apart)
- report every result to the NHS on the same day you take the test

When to test and report is different if you're travelling to the Scottish islands.

[Reporting your results to the NHS](#)  
[Testing and reporting your result if you're travelling to the Scottish Islands](#)



# Delivery and Preparation

# Delivery and Preparation



## Delivery of tests kits

Test kits are typically delivered within 48 hours

## Prepare for testing by looking at guidance

Before testing be sure to:

- Read guidance for personal assistants
- Read guidance included with your test kit
- Watch the instructional video for self swabbing

[How to do a COVID-19 Self Test \(rapid antigen test\) - YouTube](#)

If a personal assistant becomes symptomatic, they should self-isolate immediately and order a confirmatory PCR kit from

<https://www.gov.uk/get-coronavirus-test>



Instructional video for self swabbing

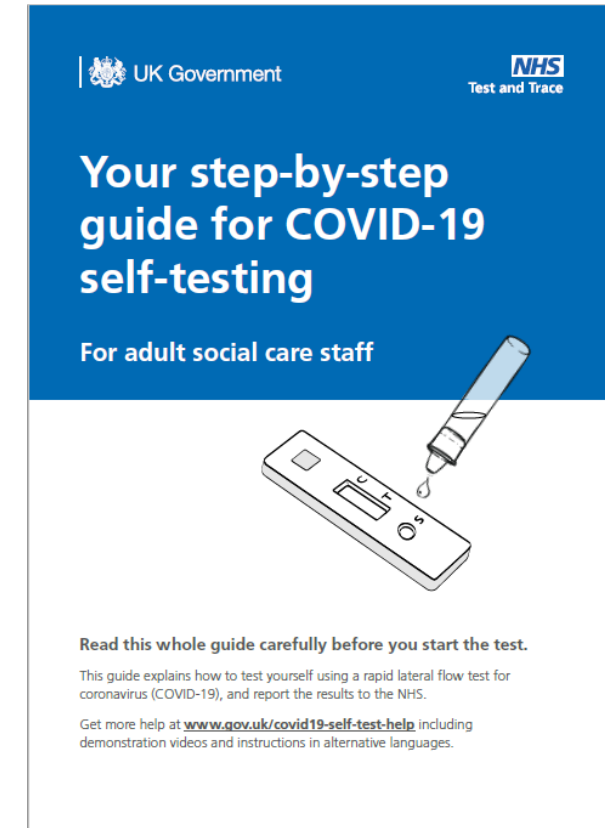


# Using the test kits



# Taking the test

- 1 Prepare your test area and check your test kit contents
- 2 Set up your test
- 3 Take your swab sample
- 4 Process the swab sample
- 5 Read your result
- 6 Report your result
- 7 Safely dispose of your test kit



*Staff should use the step-by-step instructions (provided to you after this webinar) to guide self-testing.*

# Preparing the testing area

1



**Read the instructions carefully.**

See how to take the swab test by watching an online video at:  
[www.gov.uk/covid19-self-test-help](https://www.gov.uk/covid19-self-test-help).

2



**Clear, clean and dry a flat surface immediately before starting the test.**

3



**Wash your hands thoroughly for 20 seconds, using soap and warm water, or hand sanitiser.** This is so that you do not contaminate the test kit. Now dry your hands.

4

**Check the test kit contents. Make sure that nothing is damaged or broken. If the test kit is damaged please call 119.**



Test strip  
in sealed  
packaging



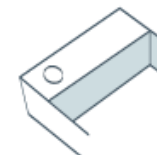
Swab inside  
sealed  
wrapper



Extraction  
buffer sachet



Extraction  
tube





Extraction tube  
holder (attached  
to the box)




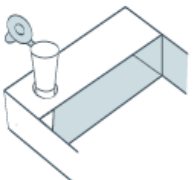
Plastic  
waste bag

## Set up the test

- 

**5** Take the test strip out of the sealed packaging and place it onto the cleaned flat surface. Once opened, start the test within 30 minutes.
- 


**6** **Carefully twist or snap open the sachet.**  
Open it away from your face and be careful not to spill any of the liquid
- 

**7** **Open the extraction tube and gently squeeze all of the liquid from the buffer sachet into the tube.** Avoid touching the sachet against the tube. Place extraction buffer sachet in the plastic waste bag provided.
- 


**8** **Place the filled tube in the extraction tube holder (attached inside the box) to avoid spilling the liquid.**

## Set up the test


- 9**



**Gently blow your nose into a tissue and throw the tissue away in a closed bin.**
- 10**




**Wash your hands thoroughly again for 20 seconds using soap and warm water (or use sanitiser).**
- 11**



Soft tip  
Handle

**Find the swab in the sealed wrapper.** Identify the soft, fabric tip of the swab.
- 12**



**Peel open the swab packaging only when you are ready to use and gently take out the swab.** You'll use this for both throat and nose.



**Never touch the soft, fabric tip of the swab with your hands.**



## Take the swab sample



Do not touch the tongue, teeth, cheeks, gums, or any other surfaces with the fabric tip of the swab. If it touches anything else, it may spoil your sample.

Never touch the fabric strip with your hands.

Swabbing may feel uncomfortable, do not insert swab any deeper if there is strong resistance or pain.

13



**Holding the swab between your fingers, open your mouth wide and rub the fabric tip of the swab over both tonsils (or where they would have been). Do this with firm contact 4 times on each side** (use a torch or a mirror to help you do this).

Carefully remove the swab from the back of your throat.

14



Put the same swab gently into 1 nostril until you feel a slight resistance (about 2.5cm up your nose).

**Roll the swab firmly around the inside of the nostril, making 10 complete circles.**

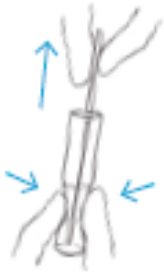
## Process the swab sample

15



Pick up the extraction tube and place the fabric tip of the swab into the extraction tube so it is in the liquid.  
**Press the tip against the edge of the extraction tube with force, while rotating it around the extraction tube for 15 seconds. This is to transfer your sample into the liquid.**

16



**Pinch the extraction tube against the swab as you remove it. Make sure you remove all liquid from the soft tip of the swab.**  
Place the swab in the plastic waste bag provided.

17



**Press the cap tightly on to the extraction tube to avoid any leaks.**

## Process the swab sample

18



**Gently squeeze the extraction tube to place 2 drops of the liquid onto the specimen well (S) on the test strip.** Make sure that you are dropping liquid and not an air bubble.

Put the extraction tube in the plastic waste bag along with the swab.

19



**Check the time and set a timer if you have one. Wait exactly 30 minutes before you read your result.**

**Waiting the full 30-minute development time before you read your result is very important.** A positive result can appear at any time after 20 minutes, however you must wait for the full 30 minutes to record a negative result as the test line (T) may take this long to appear. If a positive signal appears after 30 minutes, it should not be reported as positive. Find out how to read and report your result on the next page.

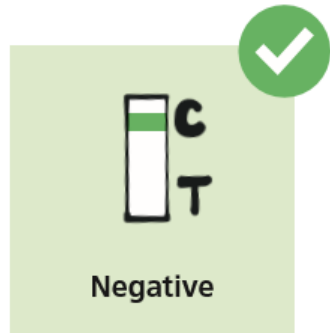


**Make sure you place the test strip on a flat and level surface.  
Do not move the strip during the test.**

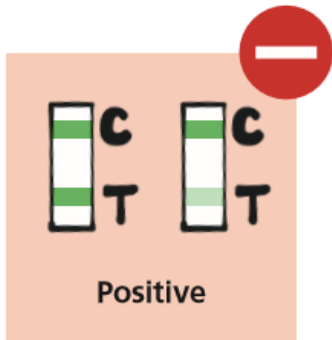


# Reading your result

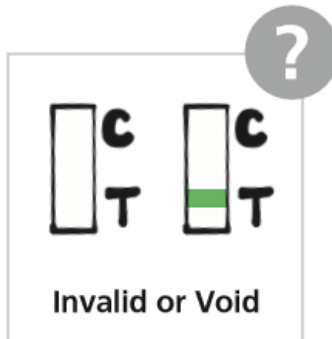
# Checking your result, and what happens when you have your result



- Anyone who receive a negative result and remain without symptoms can continue working
- All workers must continue following all IPC measures such as wearing PPE, washing your hands and socially distancing where possible



- If anyone tests positive, they will need to order a confirmatory PCR test and immediately self-isolate until they receive their PCR result
- Confirmatory PCRs can be ordered at <https://www.gov.uk/get-coronavirus-test>
- If the confirmatory PCR comes back as negative, that person can come back to work as long as they do not have symptoms.
- If the confirmatory PCR comes back as positive, their household and contacts will need to isolate in line with current guidance



- Personal Assistants should immediately conduct another rapid LFT

# Additional guidance following a positive confirmatory PCR test result



**Following a confirmed (PCR) positive test**, Personal Assistants should:

- Discontinue regular rapid LFT testing for 90 days
- Discontinue any regular PCR testing for 90 days

If a Personal Assistant develops new COVID-19 symptoms within the 90 day window, they should apply for a COVID-19 PCR test through regular testing channels:

<https://www.gov.uk/get-coronavirus-test>



# Registering test kits



## All test results must be registered online

To support NHS Test and Trace with result tracking, **all test results must be registered online** whether they are positive, negative or void.

- Results must be reported on:  
<https://www.gov.uk/report-covid19-result>
- This registration form is separate from the PCR registration portal
- Personal Assistants need to use this service **every time they complete a self-test**

## Personal Assistants or anyone without digital access

If you cannot complete the online form, they can either:

- Call **119** and select **option 1**
- Or, **have you or someone else register on their behalf** (provided you have written consent to do so and can obtain personal details required to complete the form)

### Report a COVID-19 self-test result

Use this service to:

- report your result to the NHS after using a COVID-19 self-test kit (also called a lateral flow test kit)
- find out what your result means and get the latest advice on what to do

Report the result:

- every time you use a self-test kit
- as soon as possible after you get the result

[Start now >](#)

#### Before you start

To use this service, you need:

- the barcode on the test strip or the ID number printed under it (the test strip is the part of the kit that shows your result)
- a mobile phone

#### Report by phone

Use the phone number in your self-test kit's instructions.

#### How reporting self-test results helps

Self-testing and reporting results helps to:

- reduce infection rates in your community
- protect people at higher risk of infection
- prevent and reduce the spread of the virus
- find out if you're infectious (you may not have symptoms)

Find out more about self-testing [[link to DHSC guide](#)].

#### Self-isolation

You and your household may need to self-isolate depending on your result.

[Get advice about how to self-isolate.](#)

#### How we use your data

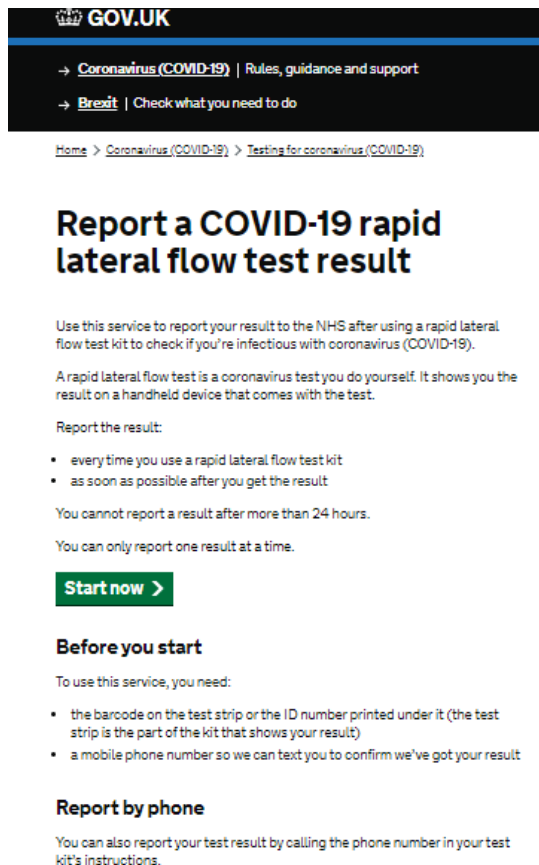
[Find out how we use your data.](#)



# Individual registration upload – process walkthrough

Please refer to slide 24 for initial registration instructions / links

**STEP 1:** Go to <https://gov.uk/register-home-test> and select 'Start now'



**GOV.UK**

→ [Coronavirus \(COVID-19\)](#) | Rules, guidance and support  
→ [Brexit](#) | Check what you need to do

Home > [Coronavirus \(COVID-19\)](#) > [Testing for coronavirus \(COVID-19\)](#)

## Report a COVID-19 rapid lateral flow test result

Use this service to report your result to the NHS after using a rapid lateral flow test kit to check if you're infectious with coronavirus (COVID-19).

A rapid lateral flow test is a coronavirus test you do yourself. It shows you the result on a handheld device that comes with the test.

Report the result:

- every time you use a rapid lateral flow test kit
- as soon as possible after you get the result

You cannot report a result after more than 24 hours.

You can only report one result at a time.

**Start now >**

### Before you start

To use this service, you need:

- the barcode on the test strip or the ID number printed under it (the test strip is the part of the kit that shows your result)
- a mobile phone number so we can text you to confirm we've got your result

### Report by phone

You can also report your test result by calling the phone number in your test kit's instructions.

**STEP 2:** Select either 'Myself' or 'Someone else' depending on who you are reporting a result for.



**GOV.UK** Report your COVID-19 test result

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

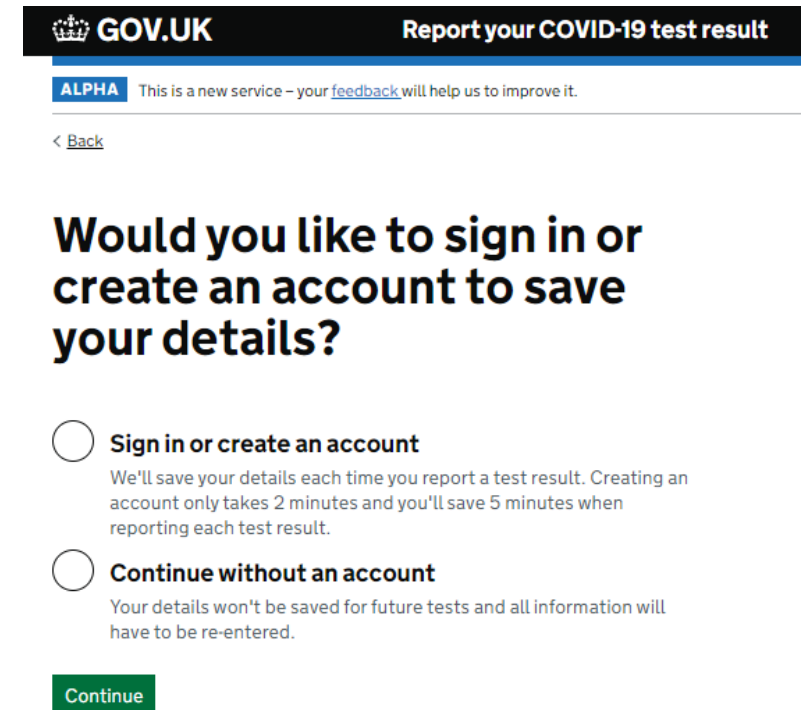
## Who are you reporting a result for?

☒ Myself

☐ Someone else

**Continue**

**STEP 3:** Select whether you would like to create an account or continue without an account. Once you have created an account, it will remember your personal details and save time when it comes to each test result.



**GOV.UK** Report your COVID-19 test result

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

## Would you like to sign in or create an account to save your details?

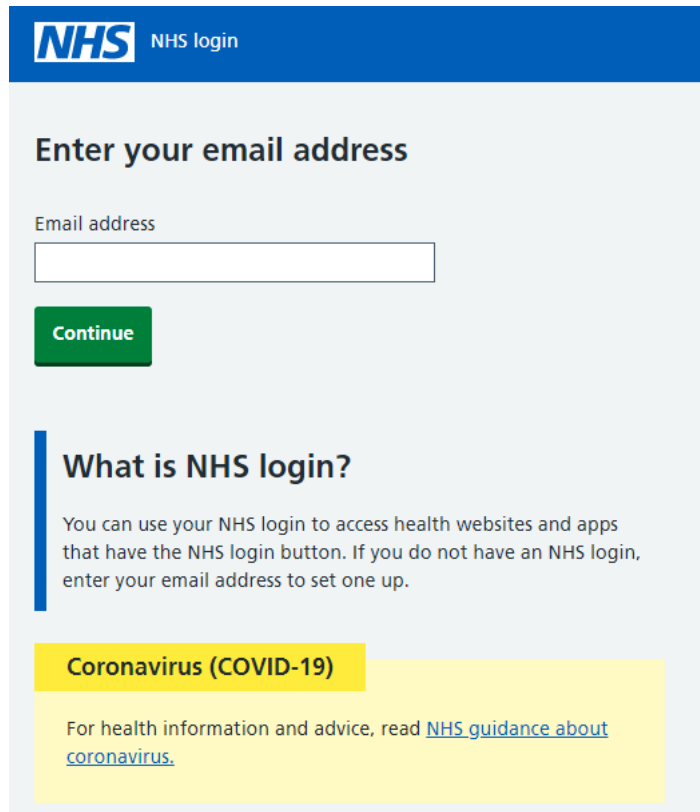
☐ **Sign in or create an account**  
We'll save your details each time you report a test result. Creating an account only takes 2 minutes and you'll save 5 minutes when reporting each test result.

☐ **Continue without an account**  
Your details won't be saved for future tests and all information will have to be re-entered.

**Continue**

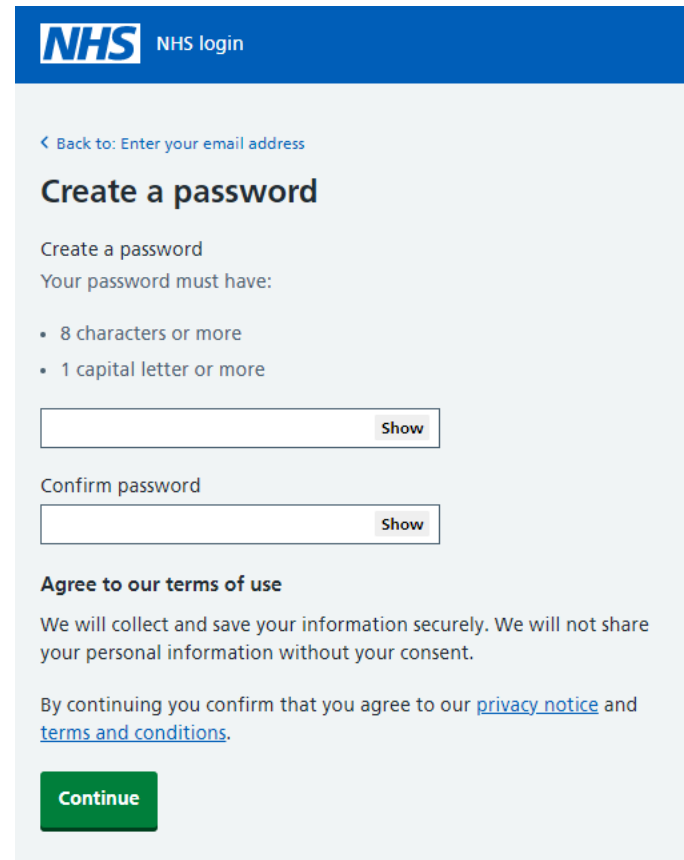
# Individual registration upload – process walkthrough

**STEP 4:** Enter your email address. This email will be used to set up your account, and your personal details will be linked to this email address.



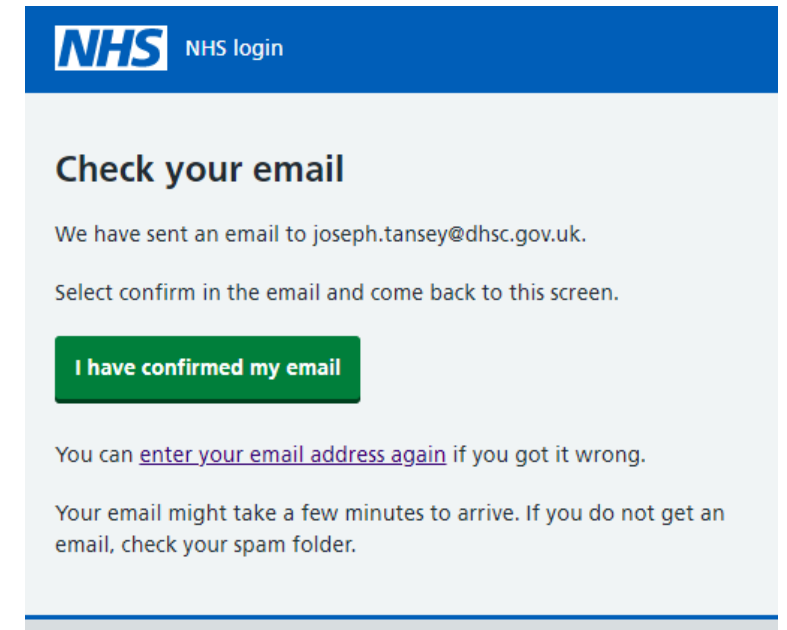
The screenshot shows the NHS login interface. At the top is the NHS logo and 'NHS login'. Below is the heading 'Enter your email address'. There is a text input field labeled 'Email address' and a green 'Continue' button. A sidebar on the left contains the heading 'What is NHS login?' and a paragraph explaining its use. At the bottom, a yellow box contains the heading 'Coronavirus (COVID-19)' and a link to 'NHS guidance about coronavirus'.

**STEP 5:** Create a password for your account. It must have **at least 8 characters and have 1 or more capital letters**.



The screenshot shows the NHS login interface for creating a password. It includes a 'Back to: Enter your email address' link. The heading is 'Create a password'. Below it, it says 'Create a password' and 'Your password must have:' followed by two bullet points: '8 characters or more' and '1 capital letter or more'. There are two password input fields, each with a 'Show' button. Below the fields is the 'Agree to our terms of use' section, which includes a paragraph about data security and links to 'privacy notice' and 'terms and conditions'. A green 'Continue' button is at the bottom.

**STEP 6:** Navigate to your email inbox and open the email from [noreply@login.nhs.uk](mailto:noreply@login.nhs.uk) and select confirm.




The screenshot shows the NHS login interface for checking email. It includes the NHS logo and 'NHS login'. The heading is 'Check your email'. The text says 'We have sent an email to joseph.tansey@dhsc.gov.uk.' and 'Select confirm in the email and come back to this screen.' There is a green button that says 'I have confirmed my email'. Below this, it says 'You can [enter your email address again](#) if you got it wrong.' and 'Your email might take a few minutes to arrive. If you do not get an email, check your spam folder.'

# Individual registration upload – process walkthrough



**STEP 7:** Enter your mobile number. A security code will be sent to this number. Input the 6 digit security code here

 NHS login


## Enter your mobile number

We will send you a 6 digit security code

UK Mobile number

☐ I have an international mobile number

[Continue](#)

 NHS login

## Check your mobile phone

Enter the 6 digit security code we've sent to +447941697305.


Security code

The code is 6 numbers

[Continue](#)

If you do not get a code, you can [enter your mobile number to try again](#).

**STEP 8:** To create your account, you will need to agree to share your NHS login information with Gov.uk

 NHS login

## Agree to share your NHS login information

To continue, you need to agree to share your NHS login information with 'Covid 19 Digital testing service'.

'Covid 19 Digital testing service' will use your:

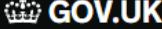
- email address
- mobile phone number

Read the [terms of use and privacy policy](#) for 'Covid 19 Digital testing service' to check how your information will be used.

[I agree](#)

[I do not agree to share this information](#)

**STEP 9:** Select 'Report a COVID-19 test result'

 GOV.UK

Test and Trace Account

ALPHA

This is a new service – your [feedback](#) will help us to improve it.

## Welcome to your Test and Trace account

[Report a COVID-19 test result](#)

Use this service to report your result to the NHS.


[Change your NHS login details](#)

Update the email address, mobile use to log in

# Individual registration upload – process walkthrough



## STEP 10: Select 'None of the above'.

**Report your COVID-19 test result**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### Who was the test for?

If you're in the household or bubble of someone who goes to (or works at) a school or college, select "schools" unless one of the other options apply

- ☐ A social care service
- ☐ A school (including nursery), college or other education provider
- ☐ The NHS as part of a staff testing programme (England, Wales and Northern Ireland only)
- ☐ An employer or organisation (not listed above) as part of their testing programme
- ☒ None of the above

Continue

## STEP 11: Select where you live in the UK

**Report your COVID-19 test result**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### Where in the UK do you live?

If you're reporting a result for someone else, answer for them.

- ☐ England
- ☐ Scotland
- ☐ Northern Ireland
- ☐ Wales

Continue

## STEP 12: Select the date the test was taken either 'Today' or 'Yesterday'.

**Report your COVID-19 test result**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### When was the test taken?

Report a result as soon as possible on the day the test is taken (and no later than 24 hours).

**Select a date**

- ☐ Today, 31 March 2021
- ☐ Yesterday, 30 March 2021

Continue

# Individual registration upload – process walkthrough



**STEP 13:** Enter and re-enter the test kit ID number. The ID number can be found via the QR code on the lateral flow device

The screenshot shows the 'Report your COVID-19 test result' screen on the GOV.UK website. It has a blue header with the GOV.UK logo and the title 'Report your COVID-19 test result'. Below the header, there is a blue bar with the word 'ALPHA' and a message: 'This is a new service – your feedback will help us to improve it.' A '< Back' link is on the left. The main heading is 'Enter your test kit ID number'. Below it, a message says: 'To report your result, you need the barcode on the test strip or the ID number printed under it.' There is a link: 'What does the ID number look like?'. Below this, there are two input fields: 'Test kit ID number' and 'Confirm test kit ID number'. At the bottom is a green 'Continue' button.



**STEP 14:** Enter the Personal Assistants personal details. **If you have created an account, this information will be saved for future use and you will not need to enter these details again for future registrations.**

Three screenshots showing the personal details registration steps. The first screenshot is the 'What's your name?' screen, with input fields for 'First name' and 'Last name'. The second screenshot is the 'What's your date of birth?' screen, with a date input field. The third screenshot is the 'What's your gender?' screen, with radio buttons for 'Female' and 'Male'. All screens have a green 'Continue' button at the bottom.

**STEP 15:** Enter the Personal Assistants email address and mobile number. **If you have created an account, this information will be saved for future use and you will not need to enter these details again for future registrations**

Two screenshots showing the email and mobile number registration steps. The first screenshot is the 'Do you have an email address?' screen, with radio buttons for 'Yes, I have an email address' and 'No, I don't have an email address'. The second screenshot is the 'What's your mobile number?' screen, with input fields for 'Mobile phone number' and 'Confirm mobile phone number'. Both screens have a green 'Continue' button at the bottom.

# Individual registration upload – process walkthrough



**STEP 16:** If applicable, select ‘Yes, I know my NHS number’ and enter it. Otherwise, select ‘No, I do not know my NHS number’. **If you have created an account, this information will be saved for future use and you will not need to enter these details again for future registrations.**

**Get a coronavirus test**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### Do you know your NHS number?

It's OK if you do not, you can still continue.

It's 10 digits long, and usually on prescriptions or a hospital or GP letter.

In Scotland, it's known as a CHI number. In Northern Ireland, it's known as an H&C number.

[How to find your NHS number](#)

☐ Yes, I know my NHS number

☐ No, I do not know my NHS number

**Continue**

**STEP 17:** Select the result of the test, and tap ‘Continue’.

**Report your COVID-19 test result**

**ALPHA** This is a new service – your [feedback](#) will help us to improve it.

[< Back](#)

### What's the result?

Use the test kit instructions to answer this.

☐ Positive

☐ Negative

☐ Invalid

**Continue**

[If you had a problem taking the test](#)

**STEP 18:** Check the answers you have provided and change them if needed. Click “Report Result” when you confirm all your responses are correct. The results page will appear. You will receive your result by SMS or e-mail.

### Check answers and report result

Why test taken	<a href="#">Change</a>
Which describes you?	<a href="#">Change</a>
Care home's number	ABC12345 <a href="#">Change</a>
Country	England
Test date	20 October 2020
Test kit ID number	12345678
Name	John Doe
Date of birth	11 11 2222
Gender	Female
Ethnic group	Mixed or multiple ethnic:
Ethnic background	Prefer not to say
Address	123 ABC Road NW1 1TH
Email	I do not have an email address
Mobile	123456789
Result	Negative

**Report result**

### You reported a negative coronavirus test result

It's likely you were not infectious when the test was done

#### What you need to know

You only need to self-isolate if:

- you get symptoms of coronavirus
- someone you live with tests positive, or has symptoms and has not been tested yet
- you've been traced as a contact of someone who tested positive

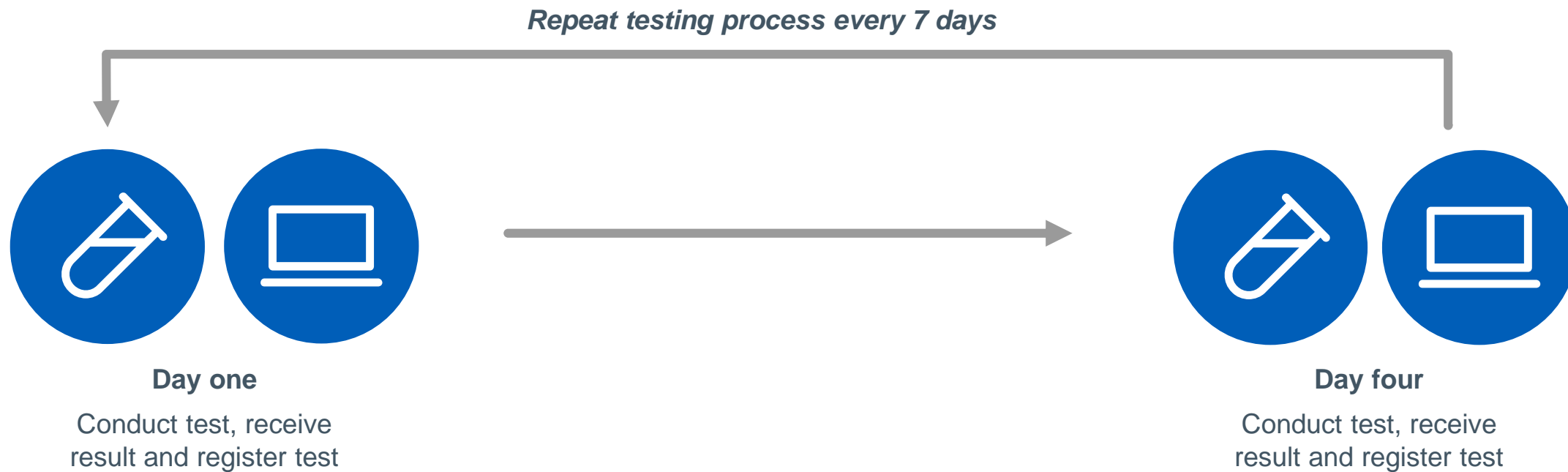
**Report another test result**

# Twice-weekly retesting

## Twice weekly LFT retesting

After you have completed your first round of testing, continue to test using LFTs twice weekly on the same days each week.

If you have tested positive, you should not re-test for 90 days unless you become symptomatic.



***If you receive a positive test result: isolate, order a confirmatory PCR test and inform your employer***



# Support available for personal assistants

## Operational support available for personal assistants

If a personal assistant tests positive or is instructed to isolate, their individual employer or somebody on their behalf should try to organise different arrangements. This is why contingency plans for the individual employers are so important (see the [developing a contingency plan](#) section for further details). For example, it may be that another personal assistant is willing and able to take on further work to provide the individual with the care and support they need.

In cases where arrangements cannot be put in place to provide the individual employers with the care and support they need, the personal assistant or somebody on their behalf should contact the local authority or CCG immediately. They will support the individual employer in developing a temporary plan to ensure individuals' needs are met, while you are self-isolating.

PAs are entitled to claim free PPE from their local authority or local resilience forum. Guidance is available here: <https://www.gov.uk/guidance/personal-protective-equipment-ppe-local-contacts-for-care-providers>

## Financial support available for personal assistants

If a personal assistant needs to self-isolate, they may be entitled to a £500 payment via their local authority whether they are employed or self-employed. The eligibility criteria and guidance is available here: <https://www.gov.uk/government/publications/test-and-trace-support-payment-scheme-claiming-financial-support/claiming-financial-support-under-the-test-and-trace-support-payment-scheme>

Directly employed personal assistants may also be entitled to SSP if they are self-isolating or are unwell. SSP is paid from the date they self-isolate. You will need to speak to your individual employer. Guidance is available here: <https://www.gov.uk/statutory-sick-pay>

Local authorities, at their discretion, may also meet the costs of self-isolation through the Infection Control Fund (ICF) and Testing Fund. If a PA is receiving their full wage from their employer through the Infection Control Fund though, they will not be eligible for the NHS Test and Trace Support Payment scheme. This link has your local authority contact details for social care support: <https://www.nhs.uk/service-search/other-services/Local-Authority-Adult-Social-Care/LocationSearch/1918>

## Where to go for more support?



**Online** : <https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-personal-assistants>



**Instructional videos:** Watch instructional videos for how to conduct a test at:  
[How to do a COVID-19 Self Test \(rapid antigen test\) - YouTube](#)



Coronavirus Testing Contact Centre: please call **119**  
*Lines are open from 7am – 11pm daily*

## Your chance to provide feedback!

[Step 1: Join a presentation - Mentimeter](#)



**Step 2: Enter the code - 4168 9041**



Please enter the code

Submit

The code is found on the screen in front of you

# Questions and Answers